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Bangalore , Karnataka 560027

Skills

- Play and Experiential teaching (using play and problematic approach in teaching)
- Content Designing (Play-based and experiential-based methods)
- Researcher
- Public Speaking
- Human Resource Management
- Human Development (IRB Police Training-Empathy & Decision Making, Safe learning space for children)
- Initiative and strong communication skills
- Adaptable
- Conflict Management
- Ability to initiate learning from different sources
- Ms Office
- Interdisciplinary Collaboration
- Community Engagement
- Policy analysis
- Interview techniques
- Comparative analysis
- Qualitative Analysis

Education And Training

01/2012

2nd PUC:

Bishop Cotton Women PUC College

Bangalore, Karnataka, India

Percentage: 52.83%

01/2010

10TH Standard (State Syllabus):

Mithralaya Girls High School

Bangalore, Karnataka, India

Percentage: 48.16%

Bachelor of Education:

S.B. College

APEKSHA PAUL T.

Summary

To establish a dynamic career in teaching profession, and leverage diligence and professionalism to make difference in teaching and learning journey. Proficient in evaluating and grading student work, preparing and delivering lectures and initiating, facilitating and moderating classroom discussions. Student-centered and communicative instructor gifted with abilities in motivating students to achieve academic goals.

Experience

St. Joseph's Indian Composite Pre-University College - 10/2021 - Current

- Lecturing Sociology subject to I PUC & II PUC students
- Conducting Human resource and life skill sessions for I PUC & II PUC students
- Preparation of study material
- Training on study skills
- Question Paper Preparation & Corrections - College and PUC board level
- Counseling students and parents
- Organizing college programs/events
- Alumni Association member.

CSI Board of Child Care - Programme Executive - 05/2019 - 03/2021

- **Roles and responsibilities:** Visiting projects on a regular basis to monitor, Scrutinize and evaluate the projects
- Preparations and presentation of project proposals
- Responsible for overall supervision of the project activities
- Organizing meetings achieve goals and objectives of the projects
- To provide day-to-day guidance to project staff as needed
- Guiding the field-level activities and facilities staff for implementation and issues resolution
- To make sure that all targets are achieved on time and with quality
- Assess the staff's capacity to perform their duties efficiently and identify the areas of improvement
- Share the need for sessions for the capacity building of the staff areas of improvement with the management
- Identifying the topics/contents of the areas of staff improvement and suggests management for the on job capacity building
- Ensure that project activities are in accordance with norms and standards of funders and organization, as well as according to available budget lines and limitations
- Handling project legal documents

St. Joseph's Autonomous College Lalbagh road, Shanthi Nagar Bangalore - Sociology Lecturer - 02/2019 - 03/2019

- Worked as a substitute Lecturer and trained 200 students.

Yellahanka, Bengaluru, Karnataka
Percentage: 87.6%

**Master in Applied Sociology:
Christ University**

Bangalore, Karnataka, India
Percentage: 67%

Bachelor of Arts (B.A):

Economics, Political Science,
Sociology

**St. Joseph's Arts and Science
College**

Bangalore, Karnataka, India
Percentage: 64.38%

Headstreams (NGO) - Project Facilitator - 05/2017 - 06/2018
Life skill trainer

- **Roles:** Communication with teachers and students
- Facilitating students of Government school from 6th - 9th std in English and Science Subjects
- Trained in experiential learning

Promoted as Play Coordinator at Headstreams in June 2018 - May 2019

- **Roles:** Preparing monthly reports to Government departments - Morarji Desai and Kittur Rani Chennamma Residential Schools
- Communication with Government officers regarding the growth of the project
- Communication with the government school Principals and Teachers regarding the process of the project
- Human Resource Management
- Coordinating the entire project
- Event management
- Conducting certificate courses
- Human Development (IRB police Training - Empathy and Decision making, safe learning space for children).

Agni Raksha (NGO) - English Teacher - 07/2012 - 07/2013

- Worked as English teacher for burnt victims and Trans genders, trained 25 students.

Essentials

08/24/1994, English, Kannada, Tamil.

Research Papers

- Understanding the Socio-Economic Status of Migrant Construction Labor in Bangalore (2017) - Christ University
- Life of Elderly Couples in the City of Bangalore (2016) - Christ University
- Study of Labor Migration to and from Karnataka - Council for Social Development (2016-2017)

Internship

- Exchange Program to England organized by CSI Karnataka Central Diocese Bangalore, India (2009)
- Project Facilitator Internship at Headstreams (NGO) (2016)

Acknowledgment

I, hereby declare that the particulars of information and facts stated herein above are true, correct, and complete to the best of my knowledge and belief.