



ARUN PANDIYAN A

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23-10-1994

Enduring Strength (YouTube)

OBJECTIVE

Seeking employment as a Physical Education Facilitator with a solid school in order to help boost it with my own experience and expertise.

SKILLS

- Curriculum Development
- K-12 Physical Education
- Child development specialist
- Sports Coaching
- Sports team management
- Human anatomy
- Workout routine planning
- First aid administration
- Event management
- Collaboration

LANGUAGES

- Tamil
- English

HOBBIES

- Sports
- Bike riding
- Trekking
- Music

SUMMARY

Highly energetic and dedicated Physical Education teacher with 7 years of career experience. Adept in behavioural modification, motivational techniques, and cooperative learning. Possesses excellent communication skills and strong work ethic, putting educational lessons into practice and maintaining exemplary physical fitness.

EXPERIENCE

04/2023 – Current

Director of Sports

Chettinad Sarvalokaa education international school [IGCSE] | Chennai

- Increased sporting team participants by creating activities improving student wellbeing and enjoyment within fitness activities.
- Encouraged students to engage in different sports to maximise potential.
- Set-up gym and sports requirements for PE class.
- I conducted sports competitions to stimulate the interest of the students.

06/2023 - Current

Hostel Mentor

Chettinad Sarvalokaa education international school [IGCSE] | Chennai

- Mentored and guided students in hostel environment, fostering their personal development.
- Conducted structured morning and evening exercises sessions, emphasizing fitness, discipline, and mental well-being.
- Organized and led excursions for the hostel learners.

04/2022 to 04/2023

Physical Director

Christwood School [ICSE] | Chennai

- Developed and maintained physical education curriculum that met with National and state education standards.
- Collaborated with school staff and administration to ensure safety and compliance with physical education standards.
- Conducted sports intramurals to stimulate the interests of the students.
- Supervised the use of 4 facilitator.
- Trained and coached school sports teams to compete and achieve succession in national events.

04/2017 to 04/2022

Physical Education Teacher

Christwood School [ICSE] | Chennai

- Maintained up to date on latest effective sporting activities and fitness routines to incorporate into lessons.
- Held physical education theory lessons for students to gain more in-depth.
- Accompanied students and teams to sporting events to provide moral support.
- Planned fun, effective physical education lessons to enhance learning experience.

04/2023 – Current

Track & Field Coach

Arignar Anna Athletic Club | Kanchipuram

- Consistently applied effective, innovative coaching methods to meet and exceed team needs.
- Coached players in real-game situations, offering tactical support and encouragement.

EDUCATION

04/2023

MPed - Master of Physical Education

Physical Education

Mother Teresa College OF Physical Education | Pudukkottai

05/2020

BPEd - Bachelor of Physical Education

Physical Education

G S College OF Physical Education | Tiruppur

05/2018

B.Sc Physical Education

Physical Education

Madras Christian College | Chennai

2021

World Athletics Pre-Level 1 Coach

Track & Field Coaching:

Athletic Federation of India & World Athletics | Kerala

2019

State Technical Official

Track & Field

Tamil Nadu Athletic Association | Chennai

ACCOMPLISHMENTS

- I have trained & Coached two state medallist in Shotput and Discuss throw.
- 3 ICSE – South zone winners in skating and Archery 2023 and qualified for national Level.