

Satabdi Sanyal

Sanyal Vila, West Khagrabari Road, Bamun para, post and District Coochbehar - 736101
+91 94753 82010 | baski1991@gmail.com | D.O.B - February 14th, 1991

PROFESSIONAL SUMMARY

With a strong educational background in geographical studies, I am deeply committed to spirituality and personal well-being. As a dedicated, punctual, and regular yoga practitioner, I cultivate discipline and mindfulness in both my personal and professional life. My past work experience has provided me with valuable skills and insights, shaping me into a focused and adaptable individual. I bring a balanced approach to challenges, blending analytical thinking with inner harmony. My journey reflects a commitment to continuous growth, resilience, and a deeper connection with both people and the environment.

LANGUAGES

- English
- Hindi
- Bengali

WORK EXPERIENCE

Diligenta SCOTT Testing Project- BFSI UK Insurance Calculation Test

(September 2018-December 2023)

Key responsibilities:

- Calculations test designing and test execution
- Team management
- Testing whether the functionalities and calculations are working as expected for the project orientated application
- Look for any defects that are present in the application from performance and calculation perspective
- Prepare evidence on the basis of the testing performed and share with the client
- Conduct quality checks on the testing performed and on the accuracy and completeness of the evidence
- Perform test on ER provided by Actuarials

Project - NEST- BFSI UK Insurance Information Process Enabler

(February 2014 - September 2018)

- Processing customer request from updation of personal details to processing claims

EDUCATIONAL BACKGROUND

- **Sunity Academy**
SSC - 2007 (78 %)
- **Sunity Academy**
HSC - 2009 (85%)
- **Lady Brabourne College**
B.SC Geography (2009- 2012) (48 %)

ISHA PROGRAMS

- **INNER ENGINEERING** (April 2021)
- **HATHA YOGA** (July 2022)
(Bhutashuddhi, Angamardana, Surya kriya, Shanmukhi Mudra)
- **BHAVA SPANDANA** (September 2022)
- **GURU PUJA** (May 2023)
- **SHOONYA** (September 2023)
- **SADHANAPADA 2024**
- **SAMYAMA** (Upcoming March 2025)

VOLUNTEERING ACTIVITIES

- Sadhanapada Volunteer
- Volunteer in Aashram Support Team (Akshyaya & Biksha hall)
- Currently Volunteering in Sadhanapada Indian Applications