

Dr. Indumathi S

RCI Certified Special Educator | School Counsellor | Child
Development Consultant | Certified POCSO & POSH
Trainer | Brain Gym Instructor | Art Therapist
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Executive Profile

Accomplished Special Educator and Inclusive Education Leader with over eight years of experience in special education, counselling, child development, and school leadership. Currently serving as the SEN Department Head for NPS Marathahalli and NPS Silk Board, leading inclusive education practices, intervention programmes, teacher capacity building, and parent engagement initiatives. Recognised for designing and implementing evidence-based support systems for children with Specific Learning Disabilities, ADHD, Autism Spectrum Disorder, Multiple Disabilities, and emotional and behavioural challenges.

Core Competencies

- Inclusive Education Leadership
- Specific Learning Disability (SLD) Remediation
- Individualized Education Planning (IEP)
- Multiple Disability Support and Inclusion
- POCSO & POSH Training and Awareness
- Teacher Professional Development
- Brain Gym and Neuro-Motor Developmental Exercises
- Art and Expressive Therapy
- Early Intervention and Developmental Assessment
- Parental Guidance and Family Counselling

- Behaviour Management and Social-Emotional Learning
- School Mental Health and Well-being

Professional Experience

SEN Department Head | NPS Marathahalli & NPS Silk Board, Bengaluru
June 2025 – Present

- Managing the Special Education departments of both campuses as a shared resource.
- Conduct individualized and group interventions for students with learning, behavioural, and attention concerns.
- Prepare and implement Individualized Education Plans (IEPs).
- Conduct functional and academic assessments and monitor progress.
- Facilitate Brain Gym sessions to enhance focus and learning readiness.
- Organise in-house training programmes for teachers, parents, and support staff on POCSO, POSH, inclusion, and classroom management.
- Conduct parent guidance sessions and awareness programmes on neurodiversity and inclusive education.

Shared Resource Special Educator | NPS East & NPS Marathahalli,
Bengaluru
Academic Year 2024–2025

- Supported students with diverse learning needs and collaborated with teachers and parents to implement inclusive classroom practices.

Art Therapist | ATH, Bengaluru | 2018 – Present (Part-Time)

- Design and conduct art-based therapeutic sessions using drawing, clay, colour, and movement for emotional expression and self-regulation.

Child Development Consultant & Therapeutic Counsellor | Credence – The Ray of Hope, Bengaluru | 2016 – Present

- Offer developmental screening, school readiness assessments, counselling, and parent guidance.
- Conduct workshops on positive parenting, empathy, and emotional literacy.

Education

- D.Ed. in Multiple Disabilities (RCI Recognized) – Completed, with 82% 2026 August | Uma Educational Society, Kakinada
- Diploma in Specific Learning Disability – KPAMRC, 2017
- Bachelor of Dental Surgery (BDS) – Rajiv Gandhi University of Health Sciences (RGUHS), 2002

Certifications & Professional Credentials

- Certified POCSO Trainer
- Certified POSH Trainer
- Certified Brain Gym Facilitator – 2020
- Diploma in Art Therapy – ATH, 2019
- Certificate in Child Guidance and Counselling – ATH, 2018

Training, Workshops & Consultancy Portfolio

- Enhancing Focus and Concentration through Brain Gym – Student & Teacher Workshop
- Positive Parenting for Neurodiverse Children – Parent Awareness Session
- Understanding Learning Disabilities in the Inclusive Classroom – Teacher Development Program
- Art as a Therapeutic and Expressive Tool – Experiential Workshop for Educators
- Regular facilitator of POCSO and POSH awareness programmes for teachers, parents, and support staff
- Conducts sessions on child safeguarding, neurodiversity, classroom behaviour management, and teacher well-being

Leadership & Professional Contributions

- External Committee Member for the Internal Committee (IC), Sambhav Special School, Whitefield (Since 2026).

- Designed and implemented over 50 individualized remedial programmes for learners with SLD and ADHD.
- Initiated creative and movement-based interventions integrating art, mindfulness, and Brain Gym.
- Volunteer with NGOs promoting awareness about special education and inclusive practices.
- Actively collaborate with psychologists, occupational therapists, and speech therapists for multidisciplinary interventions.

Professional Affiliations

- Registered Member, Rehabilitation Council of India (RCI)(Have Bonafide certificate)
- Volunteer – Child Development and Inclusion Awareness Initiatives at NGO in Bangalore and Hassan

Professional Mission

To create inclusive, empathetic, and empowering educational environments where every child is provided with opportunities to thrive academically, socially, and emotionally while strengthening the capacities of educators, parents, and communities.

Personal Attributes

Empathetic and Patient • Collaborative Leader • Creative Thinker • Strong Interpersonal Skills • Advocate for Inclusion and Holistic Child Development