

CURRICULUM VITAE

Jothilakshmi M.

Senior Educator (Special) and Consultant
Physiotherapist & Yogatherapist



RCI Reg. ID :- RCI-2014-45029-A

MIAP Reg. No. :- L11473

CAREER OBJECTIVE

To leverage my extensive experience as an Educator in fostering an inclusive learning environment, supporting the holistic development of children, and contributing to a school community that values diversity, physical and mental well-being, in a mainstream school setting.

PROFESSIONAL SUMMARY

- Accomplished educator with about 15 years of experience in education especially in special education and physiotherapy, committed to fostering a positive and inclusive learning environment.
- Skilled in curriculum development, classroom management, and implementing innovative teaching strategies tailored to diverse student needs.
- Proficient in creating and delivering lesson plans for subjects like English, Mathematics, EVS, and life skills for students.
- Adept at integrating holistic practices, such as yoga therapy, to support students' physical and mental well-being.
- Passionate about empowering students to reach their full potential through personalized learning approaches and collaborative engagement with parents and staff.

WORK EXPERIENCE

Organisation	Aarambh Foundations, Whitefield, Bengaluru
Duration	Jul 2022 – Mar 2025
Designation	Senior Educator (Special) cum Physiotherapist
Roles and responsibilities	• Assess and identify individual learning needs of students with diversedisabilities and learning challenge and their sensory issues • Design and Execution of Yoga stretches for all the students in the school. • Develop and implement customized Individualized Education Plans(IEPs) to address specific learning goals and accommodations. • Creating syllabus for English, Maths, EVS, as well as teaching computersand life skills suitable for the needs of all categories of autistic students • Create and adapt instructional materials and teaching strategies to meetthe unique requirements of each student. • Collaborate with parents, teachers, and support staff to ensure asupportive and inclusive learning environment. • Utilize specialized teaching techniques and technologies to enhancestudents' academic, social, and emotional development. • Monitor and track students' progress regularly, making data-

drivendecisions to modify interventions as needed.

- Administered Treatment and Evaluation for physiotherapy requirement

Organisation	Svasthya - Physiotherapy and Rehabilitation Centre, Sector 82, Faridabad(Founder)
Duration	Mar 2015 – May 2022
Designation	Director and Physiotherapist cum Special Educator cum Yogatherapist
Job Nature	• Ensure the Professional standard of practice are adhered to, in theassessment, treatment and management of Patients • Administered Treatment and Evaluation • Identification, Teaching ADL, Gross Motor Skills, Fine movements,Coordination to the Children with Disability
Organisation	Svasthya - Centre for Rehabilitation, Sector 8, Faridabad (Founder)
Duration	Apr 2014 – Mar 2015
Designation	Director and Physiotherapist cum Special Educator
Job Nature	• Ensure the Professional standard of practice are adhered to, in theassessment, treatment and management of Patients • Administered Treatment and Evaluation • Identification, Teaching ADL, Gross Motor Skills, Fine movements,Coordination to the Children with Disability
Organisation	Tender Hearts NGO, Bhatola Village, Faridabad
Duration	Nov 2011 – Mar 2014
Designation	Physiotherapist cum Special Educator
Job Nature	• Administered Treatment and Evaluation • Teaching ADL, Gross Motor Skills, Fine movements, Coordination to theChildren with Disability
Organisation	Aroygam Physio Clinic, Sector 82, Faridabad (Founder)
Duration	Apr 2011 – Mar 2014
Designation	Consultant Physiotherapist
Job Nature	• Ensure the Professional standard of practice are adhered to, in theassessment, treatment and management of Patients.
Organisation	KRV Physiotherapy Clinic, Sector 14, Faridabad
Duration	Mar 2011 – Apr 2011
Designation	Physiotherapist
Job Nature	• Ensure the Professional standard of practice are adhered to, in theassessment, treatment and management of Patients
Organisation	Verma Nursing Home, Chennai, Tamil Nadu
Duration	Jan 2005 – Oct 2005
Designation	Physiotherapist
Job Nature	• Ensure the Professional standard of practice are adhered to, in theassessment, treatment and management of Patients
Organisation	Family Clinic, Chennai, Tamil Nadu
Duration	Aug 2004 – Jan 2005
Designation	Physiotherapist

Job Nature

- Administered Treatment and Evaluation

Organisation**Shanawaz, Chennai, Tamil Nadu.****Duration**

Jan 2004 – Jul 2004

Designation

Special Educator

Job Nature

- Teaching ADL, Gross Motor Skills, Fine movements, Coordination to the Autism children

ACADEMIC QUALIFICATIONS

Qualification	Institute / University	Year of passing	Marks
Certificate in Sensory Integration therapy	JKP care foundation	Feb 2024	-
M.Sc (Yogatherapy)	Tamil Nadu Physical Education and Sports University, Chennai	2018	First Class
B.Ed. (Special Education)	IGNOU, New Delhi	2013	First Class
P.G.D.H.M. (Hospital Management)	Madurai Kamaraj University, Madurai	2008	Pass
B.P.T. (Physiotherapy)	Maharaja College of Physiotherapy, Chennai	2003	62%
12 th	Tamil Nadu - HSC.	1998	70%

INTERESTS / HOBBIES

- Books and Music
- Computers
- Internet browsing

PERSONAL INFORMATION

Languages Known	English, Tamil, Hindi	CONTACT ADDRESS
Date of birth	31/07/1980	Dr. JOTHILAKSHMI M. w/o. Dr. M. Muralidharan Villa No. 297, Phase 1, The Emphyrean Township, Anchemuskur Village, Lakkur Hobli, Malur Taluk, Chikkathirupathi Post Bengaluru, Karnataka - 563130 Mobile No. (91) 9711560970 jlakshmi_80@yahoo.co.in
Gender	Female	
Marital Status	Married	

Date :

Place : Bengaluru

(Jothilakshmi M.)