



CONTACT

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EDUCATION

ARMY PUBLIC SCHOOL

- completed my 10th grade scoring 87.2%

ARMY PUBLIC SCHOOL

- completed my 12th grade scoring 95.8%

JAIN (DEEMED TO BE UNIVERSITY), BANGALORE

- completed B.A. (Bachelors of Arts)

Christ university

- completed Msc (Clinical Psychology)

SKILLS

- Critical thinking
- Problem-solving
- Decision-making
- Leadership
- Teamwork
- Mental health assessment skills
- Content creation

LANGUAGES

- English (Fluent)
- Hindi (Fluent)
- Oriya (Can speak)

SAMIKHYA SWAIN

PROFILE

As an MSc Clinical Psychology student, I am seeking an opportunity to work and leverage my diverse experiences and contribute to your team's success. My internships in the mental health field, combined with my leadership roles and passion for Psychology, have prepared me to excel in this position and further develop my skills in the industry.

WORK EXPERIENCE

- 07/2024 - 10/2024
Project Well-being, **Christ School**
 - Developed and facilitated fun activities and sessions to improve student well-being
 - Taught relaxation techniques through engaging games
- 07/2024 - 09/2024
Internship Trainee, **Freebird Psychological Services**
 - Observed psychological assessments and therapy sessions
 - Took case histories of clients and participated in case discussions
 - Deepened understanding of therapeutic processes
- 05/2024 - 06/2024
Internship Trainee, **St. John's National Academy Of Health Sciences**
 - Observed patients, created case histories, and administered assessment scales
 - Participated in academic sessions to broaden understanding of diagnostic criteria and clinical practices
 - Engaged patients through occupational therapy activities like drawing and games
- 02/2024 - 03/2024
Student Volunteer, **Eka Educational And Charitable Trust**
 - Created educational materials and assisted with extracurricular activities
 - Contributed to event preparations and gained experience in supporting holistic education
 - Developed skills in developing tailored learning resources and administering psychometric assessments
- 08/2023 - 10/2023
Student Volunteer, **Astha Shakti**
 - Created photo and video content for social media to raise awareness and funds
 - Assisted in organizing donated items for efficient distribution
 - Gained deeper understanding of rural societal issues and enhanced empathy, social skills, communication, and emotional intelligence
- 08/2022 - 09/2022
Internship Trainee, **Manospondana Multi Speciality Clinic**
 - Participated in case discussions and learned about various psychotherapies and their applications
 - Gained practical insights that complemented theoretical knowledge

LEADERSHIP QUALITIES

- Discipline Captain, Army Public School (APS), 2019-2020, Promoted school discipline and fostered a positive learning environment, Mediated conflicts and encouraged peer-to-peer mentorship
- Class Representative, Army Public School (APS), 2018-2019, Served as a liaison between students and faculty, Organized class events and activities to enhance camaraderie
- President, Yearbook Club, Jain University, 2021-2023, Spearheaded the design and publication of the annual university yearbook, Coordinated a team of writers, photographers, and designers to capture the vibrant campus life