

RAJA KHANNA



PGT – Physical Education | Sports Head | Hostel Warden

3/40-3 Ponam Chaya, Tulshi Vihar Colony, Basahi, Varanasi, U.P – 221003

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Languages: English, Hindi, Bengali

Professional Summary

Passionate Physical Education professional with over 15 years of experience across CBSE, ICSE, and Cambridge curricula. Demonstrated expertise in designing inclusive fitness programs, organizing large-scale inter-house and inter-school sports events, and promoting discipline and teamwork. **Served as a Hostel Incharge**, effectively managing student welfare, safety, and daily routines, while fostering a structured and nurturing residential environment. Known for driving holistic student development through physical training, leadership building, and value-based mentoring.

Core Skills

Sports Activities, Team Leadership, Child Development, Classroom Management, Time Management, Hostel Administration, Discipline, Communication, Critical Thinking

Work Experience

- People's Public School, Bhopal, Madhya Pradesh
HOD – Physical Education & Sports | Hostel In-charge (2023 – 2024)
- Shree Swaminarayan Gurukul International School, Vidyanagar, Anand, Gujarat
Sports Head, Discipline and Hostel In-charge (2021 – 2023)
- Gajera International School, Surat, Gujarat
Physical Education and Fitness Instructor (2021)
- L.P. Savani International School, Surat, Gujarat
HOD – Physical Education (2020-2021)

- Sehwag International School, Jhajjar, Haryana
Physical Education Teacher, Cricket & Badminton Coach, Boarding House Master (2019-2020)
- Neelkanth Vidhyapeeth International School, Hyderabad
Physical Education Teacher (2018-2019)
- Him International School, Itanagar, Arunachal Pradesh
Founding PET, Karate, House Master, Boarding Head (2017 – 2018)
- Royal Rajasthan Public School, Abu Road, Rajasthan
PTI, Sports Teacher (2016 – 2017)
- Central Modern School, Kolkata, West Bengal
Karate and PT Teacher (2013 – 2016)
- Rishi Aurobindo Memorial Academy, Kolkata, West Bengal
Part-time PT, Karate & Fitness Instructor (2011 – 2013)
- Nalanda Academy, Kolkata
Part-time Karate & Fitness Instructor (2009-2011)

Achievements

- Organizing Secretary, CBSE National Football (2023–24, 2024–25)
- Twice Headed CBSE Football Clusters as Organizing Secretary
- Silver Medalist, 2nd International Open Karate Championship, Kolkata (2016)
- Multiple Gold Medals in State/National Tournaments
- Participated in State Games organized by Bengal Olympic Association

Certifications & Training

- Level 2 Yoga Wellness Instructor – Ministry of AYUSH & Yoga Alliance, USA
- Cambridge IGCSE Physical Education Training (0413/0995)
- Certified Singing Bowl Therapist – Himalayan Academy of Sound Healing
- National Referee – Cesto Ball Federation of India
- Certified Athletics Federation of India Pre-Level 1 Coach
- CPR, AED & First Aid (Infants, Children, Adults) – National Health Care Solutions, Las Vegas
- Training on Absolute Speed – EXOS Online Learning
- CBSE HPE Workshop – Centre of Excellence, Jhajjar
- CBSE Online Training – Health and Wellbeing, Pedagogy of Environmental Studies
- 1st Dan Black Belt (S.K.S.I Japan & K.A.I),
- National Referee and Judge (A.I.S.S.K.F),
- National Judge for Karate Association of India,
- Examiner and Executive Member (A.I.S.S.K.F)

Education

- Master of Physical Education and Sports (M.P.E.S) – Himalayan Garhwal University
- Bachelor of Physical Education (B.P.Ed) – Kanpur University
- Bachelor of Commerce (B.Com) – C.M.J. University
- Diploma in Yoga – Association of Yoga and Meditation (Recognized by Yoga Certification Board, Ministry of AYUSH, Govt. of India)