

PAYAL SEN

Flat No - B 602, 6th Floor, Candeur Rise Apartment, Varthur Gunjur Main Road, Bangalore,
Karnataka, PIN - 560087

Contact No: 8147092711

Email Id: payalz.world@gmail.com

WORK EXPERIENCE:

Oakridge International School, Bangalore

Assistant Teacher -Nursery

December 2023-Present

The Cambridge International School, Varthur, Bangalore

Head Teacher (Grade Nursery) and Art and Craft Incharge

July 2022 - June 2023

- Lead teacher for Grade Nursery, responsible for creating and implementing lesson plans, assessing student progress, and maintaining a positive learning environment.
- Incharge of the Art and Craft department, organizing and preparing creative activities for students.
- Collaborate with other teachers and staff members to enhance the overall educational experience.

Smartkidz Preschool (Whitefield Branch), Bangalore

Preschool Teacher

July 2019 - March 2020

- Conducted Montessori curriculum and Hindi language classes for preprimary students.
- Assisted Montessori kids with daily activities, including meals and other tasks.
- Proactively prepared and organized arts and crafts materials for various festivals and color day celebrations.

Health Management and Research Institute, Guwahati, Assam

Health Advisory Officer

August 2010 - May 2011

- Provided health care information and prevention measures to rural areas through helpline numbers.
- Shared knowledge about natural remedies for common health care problems based on caller information.

- Assisted in diagnosing and providing information about medications and nearby healthcare centers.

Orthopedic and Geriatric Home Visits (Current)

Volunteer at Columbia Asia Hospital

EDUCATION:

Deemed University, Guwahati, Assam

Bachelor of Physiotherapy, 2008

GPA: 73%

Shrimanta Shankar Academy, Guwahati, Assam

High School, 2004

GPA: 65%

Stream: Science

Little Flower School, Guwahati, Assam

Secondary School, 2002

GPA: 76%

ADDITIONAL SKILLS:

- Completed a 6-month internship at Guwahati Medical College and Hospital (under the Government of Assam) from November 2008 to April 2009.
- One-month training at 150 Base Hospital, Guwahati, for post-surgical cases.

LANGUAGE SKILLS:

English (Fluent)

Bengali (Native)

Assamese (Native)

Hindi (Proficient)

DECLARATION

I do hereby declare that all the information furnished above are true to the best of my knowledge and belief.

(Payal Sen)