



Niramaya (H)
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JYOTHISH K.B

VISION

To strive hard to ensure all my students are physically trained and educated, having acquired motor skills to perform a variety of physical activities, physical fitness knowledge, and an intrinsic motivation to pursue a healthy and active lifestyle in an increasingly changing society.

OBJECTIVE

To find a challenging position to meet my Competencies, Capabilities, Skills, Education and Experience.

SUCCESS MANTRA

Integrity & Ethics, Leadership, Teamwork,
Training, Recognition, Communication
Continuous Improvement

EDUCATION



June 2003

School of Studies, Jiwaji University, Gwalior, M.P, India.

Master Of Physical Education (2 years)



April 2001

Lakshmibai National College of Physical Education (L.N.C.P.E)
University, Kerala, India.

Bachelor Of Physical Education (3 years)



September 1997

Government College Chittur , Kerala
University Of Calicut, India.

Pre-Degree



March 1995

Government High School For Boys
Chittur , Palakkad,Kerala ,India
Kerala Board, India
SSLC

**PROFESSIONAL
QUALIFICATION**

May 2000

Universal Institute Of Information Technology , Kerala
Trivandrum , India
Diploma In Computerized Office Automation

July 2008

G.S College of Yoga and Cultural Synthesis Kaivalyadhama
S.M.Y.M Samiti Lonavala,Maharashtra,India
Diploma in Yoga Education

August 2011

I.O.C Panaji , Goa , India
International Badminton Federation Coaching Course

January 2013

Nehru Stadium ,Chennai, India
**IAAF Coaches Course-Level II (Sprints & Middle Distance)
Athletics**

**SPORTS
SPECIALISATION**

- 1) CRICKET
- 2) BADMINTON
- 3) TABLE TENNIS,
- 4) YOGA
- 5) ATHLETICS

**THEORY
SPECIALISATION**

- 1) SPORTS MEDICINE
 - 2) SPORTS PSYCHOLOGY
 - 3) EXERCISE PHYSIOLOGY
 - 4) SPORTS TRAINING
 - 5) HEALTH EDUCATION
 - 6) SPORTS ADMINISTRATION
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PROFESSIONAL EXPERIENCE

1. Physical Education Director at Nehru College of Engineering & Research Center, Pampady
Thiruvilwamala, Thirissur, Kerala, India in the year **2020 to Present.**

Responsibility:-

- * Preparation of Sports program and sports budget for each academic year and actualize the same.
- * To mandatorily conduct selections for students and form teams and participate in various Inter Collegiate, University and State level Sports and Games competitions.
- * To conduct inter-class competitions in sports and games for students.
- * Attend Physical Education related meetings, workshops as required, undertakes assignments if necessary.



2. Head of Physical Education Department at Oasis International School, Bangalore, Karnataka, India in the year 2015 to 2020

Responsibility :-

- * Designing Sports Curriculum & Coaching Major Sports / Games
- * Handling CIPP, IGCSE & Cambridge AS and A level grades organizing and conducting the Sports day, Inter-School and Inter-House Sports & Games
- * Teaching Physical Education as a Subject for IGCSE and responsible for directing student academic reinforcement activities and testing
- * Organizing & accompanying students to adventure camps/school trips
- * Responsible for development of all sports activity for all age categories



3. Physical Education Teacher in Indus International School, 576, Bhukum, Tal. Mulshi, Pune, Maharashtra, India. in the year 2013 to 2014

Responsibility :-

- * Handled PYP, IGCSE & IBDP grades organizing and conducting the Sports day, Inter-School and Inter-House Sports & Games
- * Teams Selections/Preparations for TASI, State & National tournaments
- * Designing Sports Curriculum & Coaching Major Sports/Games



4. Physical Education Director in Amrita University Mysore Campus, Karnataka, India in the year 2008 to 2012

Responsibility :-

- * Preparation of program of work (action plan) and sports budget for each academic year and actualize the same.
- * To mandatorily conduct selections for students and form teams and participate in various Inter Collegiate, University and State level Sports and Games competitions.
- * To facilitate training and coaching of selected students for various Inter-College, University InterUniversity games and sports competitions
- * To conduct and assist inter-collegiate tournaments
- * To conduct inter-class competitions in sports and games for students.
- * Preparation and submission of annual report at the end of every academic year.
- * Attend Physical Education related meetings, workshops as required, undertakes assignments if necessary.



**5. Head of Physical Education Department in
Children Senior Secondary School, Azamgarh, U.P, India in the
year 2003-2008**

Responsibility :-

- * Handled Physical Education Subject for grade 11 and 12
- * Events Coordinator
- * Personal, Social and Health Education
- * Organizing and Conducting Inter School Competitions
- * To assist the Principal in maintaining discipline and healthy atmosphere in the School.
- * Specific Coaching for Major Games



PROFESSIONAL EXPERIENCE

- 1) Acted as an External Practical Examiner in subject 048 Physical Education for AISSCE
- 2) Member of Active Sport India under the effective guidance of Australian sports council
- 3) Member of Palakkad District Sports Council (Kerala) and U.P Cricket Association, India
- 4) Attended in Adventure Sports Programme(Trekking) course conducted at Munnar by the National Adventure Academy Devikulam, Kerala, India
- 5) Technical official at the Inter-School State Athletics' Championship organised by Ramakrishna Mission -West Bengal at Gwalior, M.P., India
- 6) Acted as Technical Official at the All India Intervarsity Badminton and Lawn Tennis Championships organized by Jiwaji University, Gwalior M.P., India
- 7) Acted as an Official at the Inter district Soccer Tournament held at Jiwaji University, Gwalior, M.P., India
- 8) Acted as Line Judge at the 12th Sub Junior Volleyball Tournament organized by Jiwaji University, Gwalior, M.P., India
- 9) Technical Official at the 15th Vidya Bharati Schools Nationals Sports/ Games organized by Vidya Bharati School, Gwalior, M.P., India

**SPORTS ACHIEVEMENTS
AND POSITIONS**

- 1) Represented Jiwaji University at the All India Intervarsity Yoga Competition held at G.N.D.U Amritsar in the year 2002-03
- 2) 2nd place in 200mt at Jiwaji University inter collegiate Athletics Championship in the year 2002-03
- 3) Captain of Jiwaji University Cricket Team in the year 2002-03.
- 4) Member of S.O.S team in Volleyball, Athletics, Table Tennis and Soccer from 2002-03
- 5) Member of LNCPE team in Cricket, Wrestling, Kabaddi and Athletics from 1999-2001

AREAS OF INTEREST

* Research in Sports Injuries and Sports Nutritional Diets

* Sahaj Yoga and Meditation and Fitness Management

EXTRA CURRICULAR ACTIVITIES AND HOBBIES

* Research in new Fitness Management Techniques

* Playing Sports/Games/ Reading Sports Reviews / Listening to Music

LANGUAGE PROFICIENCY

Language	Read	Write	Speak
English	√	√	√
Hindi	√	√	√
Malayalam	√	√	√
Tamil			√
Kannada			√

PERSONAL DETAILS

Nationality: Indian

Date of Birth: 21/01/1980

Gender: Male

Religion: Hindu

Marital Status: Single

Passport No:- M0031165

Validity :- 11/07/2014 to 10/07/2024

REFERENCES

- 1) **Bhapi Balakrishnan**
Executive-Health Education Department
NHS,London, U.K - Tel :-+447306755592
- 2) **Jaswinder Kaur**
Regional School Director
Zee Learn,Chandigarh
Punjab, India - Tel :- + 918427311555
- 3) **Dr. O. J. Kumareshan**
Physical Education Director
Amrita University,Coimbatore
Tamil Nadu, India,Tel: + 91 9364264212

DECLARATION

I hereby declare that all the information furnished above is true and correct to the best of my knowledge and belief

(Jyothish K.B)