



VIDYASHREE.J

Special Educator/ Psychologist

Passionate special educator with extensive experience in supporting students with diverse learning needs. Dedicated to creating a safe and inclusive learning environment that promotes the success and well-being of every student. Committed to creating safe and inclusive learning environments where every student feels valued and supported.

CONTACT ME

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- Bangalore

EDUCATION

SAMPURNA MONTFORT COLLEGE, BANGALORE

- MSc. Psychology (Clinical psychology)
2013-2015

JYOTHI NIVAS COLLEGE, BANGALORE

- Bachelor of Arts (Psychology, Optional
English, Sociology)
2010-2013

ACHIEVEMENTS

- Completed "Basic Counseling" course at Montfort College, Center for Holistic Counseling.
- International Conference on "Counseling and Psychotherapy: Diversity in Training and Practice" at Montfort college, Bangalore.
- Workshop for urban school teachers on "Management of Children with Learning Disorders in a Regular Classroom" at Spastics Society.
- Workshop on 'Mental Health and Wellbeing: Trends and Challenges' organized by REVA University and Indian academy of Applied Psychology, Dr. Ashwini NV.
- Workshop on Emotion Focused Therapy by Dr. Ashwini NV from Muktha Foundation.
- Trainee Psychologist at Manasa Neuropsychiatric Hospital

WORK EXPERIENCE

BANGALORE INTERNATIONAL SCHOOL (2018- PRESENT)

- Middle school Special Educator.
- Providing in-class support and one-on-one sessions to develop students' skill sets and academic goals.
- Exam Officer for Middle School.
- SAT/PSAT/AP Invigilator.
- Collaborating with teachers and coordinating with parents to develop Individualized Educational Plans.
- Facilitate PSHE (Personal, Social, Health and Economic Education) sessions for Middle School.
- Teacher in-charge of CAS Outreach Program.
- Chaperoned students for events and educational trips.

NEW HORIZON GURUKUL (2017 - 2018)

- Developed and implemented IEP's and lesson plans for students with special needs.
- Collaborated with parents, teachers, assistant teachers, and various service providers that include medical assessment, speech, occupational, and physical therapists.
- Provided progress reports, adapted papers, exam support, counseling and classroom management training for Staff.
- Facilitated the Wellness Program for Elementary, Middle and High School for all staff including awareness on inclusion and disability sensitization.
- Conducted workshops for teachers on special education needs.
- Supportive Counseling for parents.

MVJ INTERNATIONAL SCHOOL (2016 - 2017)

- Special Educator and Counselor
- Collaborated with parents, teachers, and various service providers
- Conducted a workshop on 'Brain Gym' to enhance focus, memory power, emotional stability, and academic skills.
- Provided one on one Counselling to all students, parents and teachers.

LEARNING ARC (2015 -2018)

- Special Educator for children between 4-16years with learning disability, ADHD, developmental delays, speech impairment and mild MR.
- Developed and implemented lesson plans.
- Conducted psychological assessments and wrote progress reports.
- Trained children with difficulties in the NIOS curriculum.
- Conducted a workshop on 'Brain Gym' for teachers and children to enhance focus, memory power, emotional stability, and academic skills.
- Organized learning skill sets-summer camp for children aged from 5-14 years.
- Provided one-on-one counseling to the parents.