

Curriculum Vitae

Name: Shwetha A

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Objective:

A passionate and multi-talented individual with a major in Music, Psychology, and English, seeking roles that effectively utilize and align with these diverse areas of expertise.

Committed to leveraging my knowledge and skills in music theory, human behavior, and communication to contribute creatively and analytically in a dynamic and collaborative environment. Dedicated to enhancing emotional well-being, promoting artistic expression, and fostering effective communication through the intersection of music, psychology, and language. Seeking opportunities that allow me to make a meaningful impact and continue to grow personally and professionally.

Educational Background

Qualification	Name of the Institution	Year of Passing	Percentage obtained
MSc in Applied Psychology- Specialized in Counselling and Psychotherapy	Women's Christian College	2023	7.44 GPA
BA in Western Classical Music, Psychology and English	Christ (Deemed to be University)	2021	8.65 CGPA
P.U.C	Christ Junior College	2018	8.65%
SSLC (ICSE Board)	Acts Secondary School	2016	87.6%

Work experience:

Psychology

- **Interned at Sankalp Open School** focusing on curriculum development, case study analysis and providing therapeutic interventions tailored made to suit the need of student with Specific Learning Disabilities. Sankalp is an Institution involved in remedial instruction to children with disabilities like Dyslexia (Learning Disability) and Autism Spectrum Disorder.

- **Interned at Shadhitya Hospital** focusing on case management, applying counseling skills and gaining hands on experience in working with psychiatric patients and clinical work field. Shadhitya Hospital is aimed at providing psychiatric and psychological services across all age population for varied mental health conditions and disorders.
- **Interned at PUTHRI NGO** focusing on outreach access, student-parent alliance and management. PUTHRI NGO is aimed at increasing employability and career development of underprivileged and talented female student. Providing them with career development opportunities and developing skillset of professional and academic proficiencies.

Music

- **Worked as vocal teacher** (part time-online) at Taaqademy for two years conducting music classes for all age groups. Taaqademy is a music academy aimed at providing quality music education for people across the globe.
- **Was choir member** of Christ MPE Ensemble, Christ Junior College, Acts Secondary School.
- **Interned as backing vocal singer** for production house namely Imbroglia Productions. Imbroglia Productions is a music theatre believing in the transformative power of performing arts and providing opportunities for artists belonging to the field of music, dance, drama and theatre.

English

- Was a freelancing content writer, creating quality content for school promotional sites and social media handles.

- Student volunteer editor of school magazines, college articles.

Certification

- Psychosocial Rehabilitation- SCARF

Scholastic achievements:

- Awarded Meritorious Scholarship by Christ (Deemed to be University), in the year 2019.
- Awarded Meritorious Scholarship by ISEC (Institute for Social and Economic Change), Bangalore University from 2018-2021.

Research Work:

- Influence of perceived parenting styles on self esteem in time of COVID.

Fundamental skills:

Psychology

- Psychotherapeutic Interventions (CBT, Applied Behavior Modification, DBT, Mindfulness practices, Expressive Arts Therapy)
- Psychoeducational Assessments (IQ assessments, Personality assessments, Career assessments).
- Counselling and Guidance (Individual, Family and Group counselling).
- Intervention Planning
- Special Education Knowledge (Autism, ADHD), developing IEPs.
- Collaboration and Consultation

Music

- Music Theory Knowledge
- Repertoire Selection
- Technical Knowledge
- Continued Knowledge

English

- Communication (Multilingual)
- Content Creation (Writing, Blogging, Editing, Proofreading, Copywriting)
- Presentation (competent in MS Word, MS PowerPoint, Google Slides, Canva)
- Research and Analysis (Search Engine Optimization, Data Integration)

Personal details:

Date of Birth: 14-05-2000

Marital Status: Single

Nationality: Indian

Religion: Christian

Languages known: English, Hindi, Kannada, Tamil

Declaration:

I do hereby declare that the above mentioned information is true to the best of my knowledge.

Shwetha A