
Pallavi Jain

Yoga teacher RYT 200,
Contemporary dance artist.

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PROFESSIONAL SKILLS

- **Yoga RYT(Registered Yoga Teacher) 200HR at Ashtanga Yoga Mysore(May 2019).**

The World Dance School, India - (2014 - 2019)

- Classical Ballet under Mr. Butch Godito.
- Gymnastics under Mr. Suhas Lohar
- Odissi under Mr. Sanatan Chakravarty
- Kathak under Mrs. Ketaki Kulkarni Samarth
- Bharatnatyam under Ms. Divya Pai.
- Yoga under Naushina Shaikh and Shree Ganesh.

Attakkalari Centre for Movement Arts - (2010 - 2011)

1 year Diploma in Movement Arts and Mixed Media

- Bharatanatyam (Minal Prabhu)
- Contemporary (Nakula Somana/Deepak K)
- Ballet (Clair Coleman)
- Kalaripayattu (Raam Kumar)
- Chhau (Lalit Khatana)
- Contact Improvisation (Felix Burkle)
- Light Design (Jehan Manekshaw)
- Pilates (Clair Coleman)

The Danceworx, Mumbai - (2006 - 2009)

Advance level

Jazz, Ballet and Contemporary - training under Artistic Director – Ashley Lobo

The Danceworx, New Delhi - 2002 - 2006

Entry and Intermediate level - Jazz ,Ballet and Contemporary Dance

EXPERIENCE

- **INVENTURE ACADEMY, BANGALORE(Currently)**
Yoga Facilitator - 2020 - currently
- **ASIA PACIFIC WORLD SCHOOL, BANGALORE**
Dance and Yoga Facilitator - 2019 - 2020
- **THE WORLD DANCE SCHOOL, Mumbai, India**
2014 -2019 (Artistic Director – Ratika Ram Kumar)

Senior Soloist & Head of Children's Division & Contemporary Division.

- Performed Ballet,Contemporary,Odissi,Kathak,Bharatnatyam & Hip Hop for the annual production VASUDEV KUTUMBAKAM, 2015.
- Performed (Physical Theatre and contemporary) for Rasika Agashe's Marathi play at THE IBSEN FESTIVAL, Mumbai, an Indo-Norway collaboration performed at NCPA Mumbai.
- Choreographed a physical theater play, SHADOWS, by HEEBA SHAH for a cast of 20 prominent theater artists at Prithvi Theatre, Mumbai.
- Conducted a jazz dance workshop for a class of 80 students at NM College, Mumbai (2016).
- Choreographed and performed the famous NUTCRACKER for the student ballet recital of 80 students, aged 3-30 years (2018).
- Performed contemporary dance with TWDS company at THE ZEN ASIA FASHION SHOW, Mumbai (2016) with an audience of 800 people.
- Selected to represent TWDS at the JUGNEE festival organized by TERENCE LEWIS ACADEMY (2017) where I received training from visiting international dance teachers.

FREELANCE (2012 - 2014)

Choreographed, taught & led contemporary dance classes with the below organizations:

- The KHA Foundation,Bangalore.
- Rhythmotion (Chitra Arvind company), Banglore.
- EduArt Society for Children (Bangalore)

- Performed for Archana Kumar and Chitra Arvind at PARKS Festival, Chennai (2013).
- Angela Stoecklin (IMPROVISATION PROJECT), Switzerland.
- Worked as Dance facilitator (contemporary dance) and choreographer at Navrasa Studio, Bangalore (2012) and performed for their annual production.
- THE BUBBLE POPS (Dance production of Archana Kumar) - Performed (physical theater and contemporary) a 90 min production at KH KALA SOUDA, Bangalore (2011-12).

- **The DANCEWORX, NEW DELHI/MUMBAI
2002- 2000 (Artistic Director- Ashley Lobo)**

Senior company member (Ballet, jazz & contemporary dance)

- Choreographed and performed for 11 annual stage shows.
- Taught Street Jazz as a part of the DIE (Dance in Education) programme at Jamnabai Narsee School, Mumbai, The New Era School, Mumbai and St. Stanislaus School, Mumbai.

EDUCATION

ACADEMIC

- Yoga TTC 200 at Ashtanga Yoga Mysore - May **2019**
- Attakkalari Center for Movement Arts, Bangalore – 1 year Diploma **2010 - 2011**
- Vaze College, Mulund, Mumbai - B.A. (Major: Psychology and Sociology) - **2007 - 2009**
- Vaze College, Mulund, Mumbai – Pre University College **2006 - 2007**
- Mothers International School, Hauz Khas, New Delhi **1995 - 2006**

- **WORKSHOPS ATTENDED**

- Contact Improvisation – Erica Kaufman (USA) - Summer 2014
- Contemporary - Tino Sanchez (Spain)
- Ballet - Anthony Noa (Netherlands) contemporary
- Peter Jaskow (Czech Republic) improvisation
- David Webber (Australia) contemporary
- David Zambrano (Spain) Flying Low technique.
- Rahul Goswami (India) Flying low technique.
