



ADARSH NARAYANAN

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adarsh.narayanan1123@gmail.com

CAREER OBJECTIVE

Seeking a challenging job which provides adequate opportunities for utilizing my skill, knowledge and energy thereby a substantial potential for career and organizational growth.

PERSONAL DETAILS

DOB : 18-07-1996
Age : 27
Gender : Male
Religion : Hindu
Marital Status: Single
Passport No. : U5201711

RESIDENTIAL ADDRESS

Manakkal Parambil (H)
Kanniyapuram (P.O)
Ottappalam
PIN: 679104
Palakkad, Kerala, India

LANGUAGE

English
Hindi
Malayalam
Tamil

PERSONALITY

Extrovert
Creative
Optimistic
Organized

ACADEMICS

M.P. Ed. : Dept. of Physical Education Pondicherry University (2020-2022)
B.P. Ed. : Lakshmibai National College of Physical Education LNCPE Trivandrum (2015-2019)
HSE : T.R.K Higher Secondary School, Ottappalam (Commerce) (2012-2014)
SSLC : Kendriya Vidyalaya Ottappalam (2011-2012)

PROFESSIONAL QUALIFICATIONS

- D-License Coach (AIFF) - 2019
- Community Coach Premier Skills: British Council, UK- 2019
- Qualified Federation State Technical Official
- KTET Qualified (Kerala Teachers Eligibility Test)
- Qualified Swimming Instructor
- Qualified in First Aid and CPR
- Leadership training camp- Munnar, Kerala, SAI-LNCPE- 2018
- Facilitator-Kerala State Special Olympics, Trivandrum- 2018

SPORTS AND OTHER ACHIEVEMENTS

- Second position in 600mtr in the KVS Chennai regional sports meet (2009).
- First position in 3000mtr 1500mtr 800mtr and 4-400mtr relay in the KVS regional athletic meet (2011)
- Third position in 800mtr in KVS National athletic meet (2011)
- Participated in intercollegiate football tournament.
- Participated in Kho-Kho intercollegiate tournament
- Participated in Handball intercollegiate tournament
- Participated in intercollegiate Athletic meet

EXPERIENCE

- Assistant Professor at **AMC GROUP OF EDUCATION INSTITUTION** (Affiliated to Calicut university)-1 year experience
- P.E Teacher and Swimming Instructor at **DAWN INTERNATIONAL SCHOOL, Kochi** (22/07/2022 – 05-01-2024)

HOBBIES

Team Sports (Football)
Travelling
Trucking
Camping
Mountain Climbing
Photography

SPECIALIZATION

Athletics coaching
Football coaching
Sports Management
Sports Training
Sports Conditioning
Fitness Training

INTERESTED AREAS

Athletics
Football
Cricket
Badminton
Handball
Swimming
Volleyball

SKILLS

Technical skills:

MS Office
Internet skills

Life skills:

Organizing skills
Presentation skills
Leadership skills
Decision making skills

REFERENCE

Dr. A. Praveen

Assistant Professor
Department of Physical Education
Pondicherry University
Mob: +91-9789948333

Dr. Narendra Gangwar

Assistant Professor
Department of Physical Education
LNCPE, Trivandrum
Mob: +91-9770937227

Ms. Rani Ranjitha

Principal
Edexcel International
Dawn International School, Kochi
Mob: +91-9961991618

DECLARATION

I hereby declare that the above statements given to the best of my knowledge are true. If appointed, I will work whole heartedly to the best of my ability and for the betterment of the institution.

ADARSH N.