

CURRICULUM VITAE

Jothilakshmi M.

MIAP Reg. No. :- L11473

RCI Reg. ID :- RCI-2014-45029-A



CAREER OBJECTIVE

To achieve a prosperous career in a progressive organisation enabling me to boost up my knowledge and utilise my skills acquired through intense course and experience.

PROFESSIONAL QUALITIES

- Individualized Approach
- Patience and Empathy
- Communication skills
- People skills
- Team Collaboration
- Problem-solving abilities
- Adaptability
- Continuous Learning
- Advocacy Skills
- Cultural Competence
- Leadership experience
- Organization and Time Management
- Computer proficiency
- Fundamental Teaching Principles

WORK EXPERIENCE

Organisation	Aarambh Foundations, Whitefield, Bengaluru
Duration	Jul 2022 – Till Date
Designation	Senior Special Educator cum Physiotherapist
Roles and responsibilities	• Assess and identify individual learning needs of students with diverse disabilities and learning challenge and their sensory issues • Design and Execution of Yoga stretches for all the students in the school. • Develop and implement customized Individualized Education Plans (IEPs) to address specific learning goals and accommodations. • Creating syllabus for English, Maths, EVS, as well as teaching computers and life skills suitable for the needs of all categories of autistic students • Create and adapt instructional materials and teaching strategies to meet the unique requirements of each student. • Collaborate with parents, teachers, and support staff to ensure a supportive and inclusive learning environment. • Utilize specialized teaching techniques and technologies to enhance students' academic, social, and emotional development. • Monitor and track students' progress regularly, making data-driven decisions to modify interventions as needed.
Organisation	Svasthya - Physiotherapy and Rehabilitation Centre, Sector 82, Faridabad (Founder)
Duration	Mar 2015 – May 2022
Designation	Director and Physiotherapist cum Special Educator cum Yogatherapist

Job Nature	• Ensure the Professional standard of practice are adhered to, in the assessment, treatment and management of Patients • Administered Treatment and Evaluation • Identification, Teaching ADL, Gross Motor Skills, Fine movements, Coordination to the Children with Disability
Organisation	Svasthya - Centre for Rehabilitation, Sector 8, Faridabad (Founder)
Duration	Apr 2014 – Mar 2015
Designation	Director and Physiotherapist cum Special Educator
Job Nature	• Ensure the Professional standard of practice are adhered to, in the assessment, treatment and management of Patients • Administered Treatment and Evaluation • Identification, Teaching ADL, Gross Motor Skills, Fine movements, Coordination to the Children with Disability
Organisation	Tender Hearts NGO, Bhatola Village, Faridabad
Duration	Nov 2011 – Mar 2014
Designation	Physiotherapist cum Special Educator
Job Nature	• Administered Treatment and Evaluation • Teaching ADL, Gross Motor Skills, Fine movements, Coordination to the Children with Disability
Organisation	Aroygam Physio Clinic, Sector 82, Faridabad (Founder)
Duration	Apr 2011 – Mar 2014
Designation	Consultant Physiotherapist
Job Nature	• Ensure the Professional standard of practice are adhered to, in the assessment, treatment and management of Patients.
Organisation	KRV Physiotherapy Clinic, Sector 14, Faridabad
Duration	Mar 2011 – Apr 2011
Designation	Physiotherapist
Job Nature	• Ensure the Professional standard of practice are adhered to, in the assessment, treatment and management of Patients
Organisation	Verma Nursing Home, Chennai, Tamil Nadu
Duration	Jan 2005 – Oct 2005
Designation	Physiotherapist
Job Nature	• Ensure the Professional standard of practice are adhered to, in the assessment, treatment and management of Patients
Organisation	Family Clinic, Chennai, Tamil Nadu
Duration	Aug 2004 – Jan 2005
Designation	Physiotherapist
Job Nature	• Administered Treatment and Evaluation
Organisation	Shanawaz, Chennai, Tamil Nadu.
Duration	Jan 2004 – Jul 2004
Designation	Special Educator
Job Nature	• Teaching ADL, Gross Motor Skills, Fine movements, Coordination to the Autism children

ACADEMIC QUALIFICATIONS

Qualification	Institute / University	Year of passing	Marks
Certificate in Sensory Integration therapy	JKP care foundation	Feb 2024	-
M.Sc (Yogatherapy)	Tamil Nadu Physical Education and Sports University	2018	First Class
B.Ed. (Special Education)	IGNOU, New Delhi	2013	First Class
P.G.D.H.M. (Hospital Management)	Madurai Kamaraj University, Madurai	2008	Pass

B.P.T. (Physiotherapy)	Maharaja College of Physiotherapy, Chennai	2003	62%
12 th	Tamil Nadu - HSC.	1998	70%

INTERESTS / HOBBIES

- Books and Music
- Computers
- Internet browsing

PERSONAL INFORMATION

Languages Known	English, Hindi, Tamil	CONTACT ADDRESS
Date of birth	31/07/1980	JOTHILAKSHMI M.
Gender	Female	w/o. Dr. M. Muralidharan
Marital Status	Married	Villa No. 297, Phase 1, The Empyrean Township, Anchemuskur Village, Lakkur Hobli, Malur Taluk, Chikkathirupathi Post Bengaluru, Karnataka - 560066 Mobile No. (91) 9711560970 jlakshmi_80@yahoo.co.in

Date :

Place : Bengaluru

(Jothilakshmi M.)