

JESILIN JOMON

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No.156, 6th Main Road, Railway Men's Layout, Hejjala, BM Road, Bangalore



MASTERING SOCIAL WORK IN CLINICAL AND COMMUNITY PRACTICE

I am a dedicated and compassionate final year student pursuing Master's in Social Work at CHRIST (Deemed to be University) Bangalore. My social exposure and internships at esteemed organizations like Christ Special school, Youth for Seva, Deepalaya NGO, Narayana Hrudayalaya and St. John of God Special School has enriched my skill sets in clinical exposure, community engagement and interpersonal interactions.

CORE SKILLS

Reflective Listening

Team work and collaboration

Strong interpersonal skills

Critical thinking

Counselling

Cultural Competence

Problem Solving

Good communication

Advocacy

LANGUAGES

English

Kannada

Malayalam

PROFESSIONAL EXPERIENCE

ST. JOHN OF GOD SPECIAL SCHOOL

1st of March - 14th of April, 2024

Worked as a school social work trainee at St. John of God Special School, Kerala. I had valuable experience as I had direct involvement with students, providing individual support in academics, and facilitating vocational training sessions for students aged 18 and above. Additionally, I developed a detailed timetable for 44 residential students. This was considered a significant contribution, as it ensured the smooth scheduling of their daily activities.

NARAYANA HEALTH CITY, BANGALORE

1st of June - 15th of July, 2023

Worked as a psychiatric social work trainee at Narayana Hrudhayalaya with ample experience in both Outpatient Department (OPD) and Inpatient (IP) sessions showcasing a well-rounded experience in the psychiatric field. I had the responsibility of taking case histories for OPD patients as well.

DEEPALAYA NGO, DELHI

1st of February - 17th of March, 2023

Worked as a social work trainee at Deepalaya, a non-governmental organization, Delhi, and actively participated in health camps, sponsorship case study, internal works, group work and community visits to Project areas. Additionally conducted a case study on one of the recommended projects.

YOUTH FOR SEVA, BANGALORE

22nd of September - 1st of December, 2022

Worked as a Social work trainee for 22 days in Youth for Seva-NGO, a nation-wide volunteering movement that inspires youths to volunteer and provides them with meaningful opportunities to serve the community. Actively engaged in different programs of the organisation including, STEM, Lab On Wheels, Chhote Scientist and Vidhyachethana Scholarship Program.

SERVICE LEARNING

CSA, CHRIST (DEEMED TO BE UNIVERSITY)

Worked for 30 hours at PARIVARTHANA, the paper recycling unit of Centre for Social Action. Actively participated in creating chart papers from recycled materials, designing diaries, books, and crafting recyclable items.

CHRIST SPECIAL SCHOOL

Worked at Christ Special School for 30 hours, engaged with special children aged 4-10 years. Conducted classes and organized activities for students. Assisted teachers by making teaching materials and craft work for the children.

EDUCATION AND CERTIFICATION

Masters in Social work (Clinical and Community Practice)

CHRIST (Deemed to be University) Bangalore
2022 - Present

Bachelor's in Arts BA-PSECO (Psychology, Sociology, Economics)

CHRIST (Deemed to be University) Bangalore
2018-2021

PUC PPES (Psychology, Political Science, Sociology, Economics)

Christ Junior College, Bangalore
2016-2018

SSLC

St. Clare High School, Bangalore
2015-2016

- Leadership and Emotional Intelligence (Coursera Course)
 - Research Study in Perceived Social Support and Psychological Distress of Recent Migrant Employed Mothers of Kerala
 - ENVIRONMENTAL LAW
 - SCHOOL SOCIAL WORK
 - DISASTER MANAGMENT
 - E-COMMERCE
 - GENDER AND DEVELOPMENT
 - SUBSTANCE ABUSE AND ADDICTION
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EXTRACURRICULAR ACTIVITIES

Volunteer for Centre for Student Welfare Office in CHRIST (Deemed to be University) during the academic year 2018-19.

Participated in Dance Competition for Blossoms, an inter-collegiate Department fest organized in CHRIST (Deemed to be University).

Volunteer for Centre for Social Action in CHRIST (Deemed to be University) during the academic year 2018-19.

Participated in the Role play organized by Department OF Sociology and Social work at CHRIST (Deemed to be University) during the academic year 2018-19

Volunteer for Medical Camp Organised during Rural Camp Program in Alaphey during the academic year 2022-23

Volunteer for different programs in AAHVAAAN, an inter-collegiate fest oragnised by the department of sociology and social work in the years 2023 and 2024 at CHRIST (Deemed to be University)
