

Pooja Bourasi

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To build a career in a teaching profession to help and motivate students in achieving their goals through my best knowledge and efforts. Looking for the position of Hindi teacher.

QUALIFICATIONS

• **Teaching and Yoga**

- Pursuing B.Ed.
- First division MSc in Yoga from SVYASA University, Bangalore
- YIC (Yoga Instructor Course) from SVYASA University, Bangalore
- International Power Yoga Certification (6 months) from AKSHAR POWER YOGA
- Yoga certificates in pranayama from AKSHAR POWER YOGA

• **Professional:**

- B.E. in electronics & instrumentation from shree Govindram institute of Technology and Science, Indore (M.P.) affiliated to Rajiv Gandhi Prodyogik Vishwavidhyalaya, Bhopal.
- Diploma in MS Office(Word, Excel, Powerpoint)

• **Extra Curricular Activities & Achievements:**

- Participated in cultural activities in school
- Member of organizing committee of national level technical festival 'SANGOSH 2005' in the college.
- Win price in camelstarkle gloue competition Bombay.
- Win certificate from cantab Institute of Communication English & Management.
- Won first award in Yoga International Day competition, Bangalore.

EXPERIENCE

- Working as a freelancer taking online classes.
- Have a caring attitude towards children needs and concerns
- Worked as Yoga teacher in GIIS from May-2020 to Feb-2022
- Managed own Yoga institute for 6 months.
- Worked in physical education department as Yoga teacher in DPS East, Bangalore between May-2015 till Mar-2018.
- Worked as Yoga instructor in Twig to tree.
- Worked as HR in JSW consultant.
- Managed day care, Art and craft and drawing class for two years.
- Worked in Genisys and Mphasis as CSR (customer support representative).

Computer SKILLS

Operating Systems/Platforms: Windows 8

Software: MS Office

Hobbies

- Singing and listening to light music
- Travelling
- Cooking
- Art and Drawing
- Dance

Personal Details

- Gender: Female
- Marital Status: Married
- Nationality: Indian
- Language Known: Can speak English and Hindi
- Read and Write English and Hindi

Declaration:

I hereby declare that all the information given above is true to the best of my knowledge.